



Procell Therapy MICROCHANNELING

Pre-Care tips:

- No Retin-A or Retinol, AHA, BHA products 48 hours prior to your treatment.
- No auto-immune therapies or products 24 hours prior to your treatment.
- No prolonged sun exposure to the face 24 hours prior to your treatment. Treatment **will not** be administered on sunburned skin.
- On the day of the treatment, please keep your face clean and do not apply makeup.
- If you are planning to receive Botox or filler, make sure that you give yourself at least 2 weeks pre/post procedure injections before receiving your microchanneling procedure.
- If an active or extreme breakout occurs before treatment, please contact us.
- No Accutane for 2 years.

Post Care tips:

- Preferably, no other products other than the products provided to you should be applied until the following day.
- Same day: Use a Clean pillowcase, clean your phone before holding up to your face, don't touch your face with dirty hands!
- Use tepid water for the initial 24 hours to rinse the treated area. Gently pat dry with a clean towel. After 24 hours, you can use a gentle cleanser to cleanse the face, follow with a moisturizer & SPF. Aftercare serums can be used nightly before moisturizer. **Always make sure that your hands are clean when touching the treated area.**
- Avoid exposure to dust, pet dander and other irritants as best you can. You may experience a mild allergic reaction to pets and other things you typically do not react to within the first 24 hours.
- Your skin may feel warm and tight, like a mild sunburn. **Moisturize often with your suitable moisturizer &** the aftercare products provided. You may also apply a cool, damp washcloth as desired.
- It is recommended that makeup and sunscreen not be applied for **24 hours** after the procedure, although can be applied after 90 minutes when the channels are closed :)
- After the initial 24 hours, apply a broad-spectrum UVA/UVB sunscreen with a **minimum** SPF 30 for two weeks. A mineral-based, chemical-free sunscreen is highly recommended.
- New makeup brushes, or freshly cleansed brushes, are best.
- Mild skin sloughing may occur for a few days after the treatment.
- Mild acne and milia can occur in rare cases. **Don't pick;** they should go away in a few days.
- Trans-Epidermal Water Loss is a common temporary side effect and can leave you feeling dry through the first week. Keep your recommended moisturizer with you during the day and apply as frequently as necessary to avoid a dry sensation. The more you moisturize, the better your results will be. Keep hydrated with water.
- Return for your follow-up treatment in about a month or as recommended.

What to Avoid:

- For at least 3 days post-treatment, do NOT use any Alpha Hydroxy Acids, Beta Hydroxy Acids, Retin-A, Retinol (Vitamin A), Vitamin C, or anything else perceived as "active" skincare.
- Avoid intentional and direct sunlight for at least 48 hours. **No tanning beds!**
- Do not go swimming and avoid hot tubs, steam rooms and saunas for at least 24 hours post-treatment.
- No exercising or strenuous activity for the first 24 hours post-treatment; sweating and gym environments **must** be avoided during the first 72 hours post-treatment.

Any questions don't hesitate to call or text: 323-891-7845 Yoko t. Lettieri